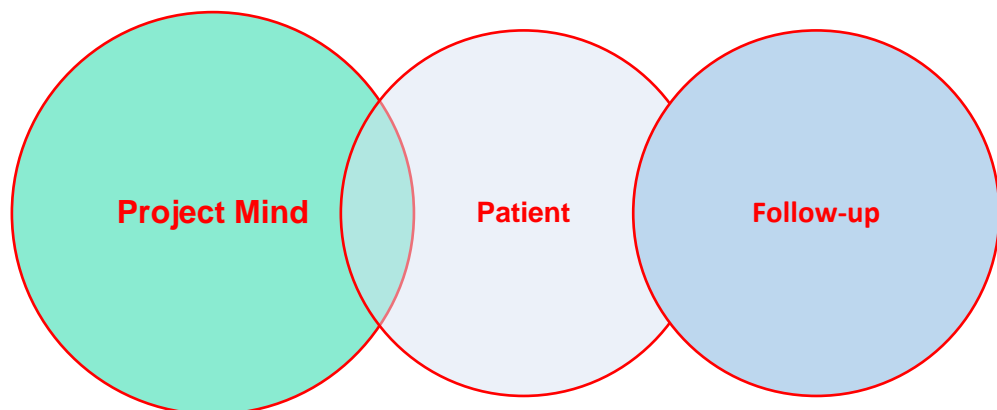


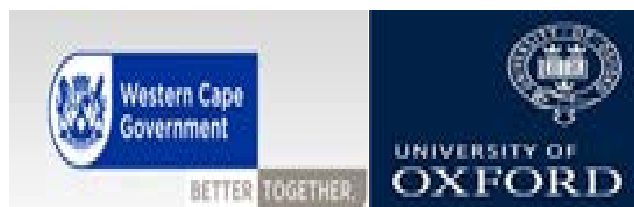


RESOURCE GUIDE
for
Grabouw and Hermanus



Remember: as a participant if you are referred, it is your responsibility to ensure that you make use of the services you were referred for in order to improve your health.

In collaboration with:



MENTAL HEALTH CARE SERVICES		
NAME	ADDRESS	CONTACT NO:
Hermanus CDC	Mimosa Rd, Hermanus, 7200	028 313 5700
Hermanus Hospital	Hospital St, Hermanus, 7200	028 313 0168
SUBSTANCE ABUSE SERVICES		
Ikamva	33 Violtjie Street Blompark, Gansbaai	028 384 2144
Rural Institute for Education Training (RIET)	13 U Save Building, Gaffley Street, Pineview, Grabouw	021 859 5361
COUNSELLING AND WELFARE SERVICES		
Friends of the Hermanus Hospital	Corner Hermanus Provincial Hospital Hospital Street	072 609 6855
DOMESTIC VIOLENCE, TRAUMA AND SEXUAL ABUSE		
Maatskaplike Dienste - Social Services (Hermanus)	Church Street, Hermanus	028 312 3909
Rural Institute for Education Training (RIET)	13 U Save Building, Gaffley Street, Pineview, Grabouw	021 859 5361
Women Action Group(Hermanus)	Malba Stree, Mount Pleasant Hermanus	028 313 2938.
DEPARTMENT OF SOCIAL DEVELOPMENT		
Hermanus		028 3164141/16
LEGAL SERVICES		
<u>19 Donkin St, Caledon</u>		028 212 1815